

Plan Type	Government Contact
Any	<b>State Attorney General’s Office</b> <a href="https://www.usa.gov/state-attorney-general">https://www.usa.gov/state-attorney-general</a>
Any	<b>Federal and State Elected Representatives</b> <a href="https://www.usa.gov/elected-officials">https://www.usa.gov/elected-officials</a>
Any	<b>Consumer Assistance Program</b> Health Insurance Assistance Team of the U.S. Center for Consumer Information and Insurance Oversight 888- 393-2789 <a href="https://www.cms.gov/ccio/resources/consumer-assistance-grants">https://www.cms.gov/ccio/resources/consumer-assistance-grants</a>
Individual plan	<b>State Insurance Department</b> National Association of Insurance Commissioners (NAIC) 1-816-783-8500 <a href="https://content.naic.org/state-insurance-departments">https://content.naic.org/state-insurance-departments</a>
<b>Private Employer and Union Plan</b>  *Some Employer plans are not subject to State Insurance regulation but you can still reach out to confirm*	<b>U.S. Department of Labor Employee Benefits Security Administration ( EBSA)</b> 1-866-444-3272 <a href="https://www.askebsa.dol.gov/">https://www.askebsa.dol.gov/</a>  <b>State Insurance Department</b> National Association of Insurance Commissioners (NAIC) 1-816-783-8500 <a href="https://content.naic.org/state-insurance-departments">https://content.naic.org/state-insurance-departments</a>
Student Health Plan	<b>State Insurance Department</b> National Association of Insurance Commissioners (NAIC) 1-816-783-8500 <a href="https://content.naic.org/state-insurance-departments">https://content.naic.org/state-insurance-departments</a>
Multiple Employer Welfare Arrangement “MEWA” Plan	<b>U.S. Department of Labor Employee Benefits Security Administration ( EBSA)</b> 1-866-444-3272 <a href="https://www.askebsa.dol.gov/">https://www.askebsa.dol.gov/</a>  <b>State Insurance Department</b> National Association of Insurance Commissioners (NAIC) 1-816-783-8500 <a href="https://content.naic.org/state-insurance-departments">https://content.naic.org/state-insurance-departments</a>
State, Local or School District Plan	<b>Centers for Medicare &amp; Medicaid Services (CMS)</b> CMS Health Insurance Hotline 1-877-267-2323, ext 6-1565 Email to <a href="mailto:phig@cms.hhs.gov">phig@cms.hhs.gov</a> or <a href="mailto:nonfed@cms.hhs.gov">nonfed@cms.hhs.gov</a>
Federal Employee Plan	<b>Office of Personnel Management Office of the Inspector General</b> 1-877-499-7295 <a href="https://oig.opm.gov/contact/hotline">https://oig.opm.gov/contact/hotline</a>
Medicaid	<b>Centers for Medicare &amp; Medicaid Services (CMS)</b> CMS Health Insurance Hotline 1-877-267-2323, ext 6-1565 Or send an email to <a href="mailto:phig@cms.hhs.gov">phig@cms.hhs.gov</a> .  <b>State Health Department</b> <a href="https://www.usa.gov/state-health">https://www.usa.gov/state-health</a>

<b>Medicaid Managed Care Plan</b>	<p><b>Centers for Medicare &amp; Medicaid Services (CMS)</b>          CMS Health Insurance Hotline 1-877-267-2323, ext 6-1565          Email <a href="mailto:phig@cms.hhs.gov">phig@cms.hhs.gov</a></p> <p><b>State Health Department</b>  <a href="https://www.usa.gov/state-health">https://www.usa.gov/state-health</a></p> <p><b>State Insurance Department</b>          National Association of Insurance Commissioners (NAIC) 1-816-783-8500  <a href="https://content.naic.org/state-insurance-departments">https://content.naic.org/state-insurance-departments</a></p>
<b>Medicare</b>	<p><b>Centers for Medicare &amp; Medicaid Services (CMS)</b>          CMS Health Insurance Hotline 1-877-267-2323, ext 6-1565          1-800-MEDICARE 1-800-633-4227          Email to <a href="mailto:phig@cms.hhs.gov">phig@cms.hhs.gov</a>  <a href="https://www.medicare.gov/my/medicare-complaint">https://www.medicare.gov/my/medicare-complaint</a></p>
<b>Medigap</b>	<p><b>Centers for Medicare &amp; Medicaid Services (CMS)</b>          CMS Health Insurance Hotline 1-877-267-2323, ext 6-1565          Or send an email to <a href="mailto:phig@cms.hhs.gov">phig@cms.hhs.gov</a>  <a href="https://www.medicare.gov/my/medicare-complaint">https://www.medicare.gov/my/medicare-complaint</a>          1-800-MEDICARE (1-800-633-4227)</p> <p><b>State Insurance Department</b>          National Association of Insurance Commissioners (NAIC) 1-816-783-8500  <a href="https://content.naic.org/state-insurance-departments">https://content.naic.org/state-insurance-departments</a></p>
<b>Veteran Health Care Benefits</b>	<p><b>U.S. Department of Veterans Affairs</b>          877-222-VETS(8387)  <a href="https://www.va.gov/health-care/">https://www.va.gov/health-care/</a></p>
<b>Church Plan</b>	<p><b>Internal Revenue Service</b>          Tax Exempt and Government Entities- Employee Plans          877-829-5500  <a href="https://www.irs.gov/charities-non-profits/contact-irs-exempt-organizations">https://www.irs.gov/charities-non-profits/contact-irs-exempt-organizations</a></p>
<b>Tricare</b>	<p><b>Tricare</b>  <a href="https://www.tricare.mil/GettingCare/PatientResources/ContactUs/FileComplaint/Grievance">https://www.tricare.mil/GettingCare/PatientResources/ContactUs/FileComplaint/Grievance</a></p>
<b>HIPAA - Health plan record request failure</b>	<p><b>Office of Civil Rights (OCR)</b>  <a href="https://www.hhs.gov/hipaa/filing-a-complaint/complaint-process/index.html">https://www.hhs.gov/hipaa/filing-a-complaint/complaint-process/index.html</a></p>
<b>Health plan disability discrimination</b>	<p><b>Department of Justice, Civil Rights Division</b>  <a href="https://www.ada.gov/file-a-complaint/#filing-a-complaint-with-the-department-of-justice-civil-rights-division">https://www.ada.gov/file-a-complaint/#filing-a-complaint-with-the-department-of-justice-civil-rights-division</a></p> <p><b>CMS Offices of Hearing and Inquiries</b>  <a href="https://www.cms.gov/about-cms/web-policies-important-links/accessibility-non-discrimination-disabilities-notice">https://www.cms.gov/about-cms/web-policies-important-links/accessibility-non-discrimination-disabilities-notice</a></p>
<b>Complaint Against Government Agency</b>	<p><b>HHS Office of Inspector General</b>  <a href="https://oig.hhs.gov/fraud/report-fraud/">https://oig.hhs.gov/fraud/report-fraud/</a></p>
<b>No Surprise Act (NSA) Complaint</b>	<p><b>CMS - NSA Help Desk</b>  <a href="https://omb.report/icr/202206-0938-005/doc/121939102.pdf">https://omb.report/icr/202206-0938-005/doc/121939102.pdf</a></p>